Coaching & Mentoring Level 5 - Assignment 3

**Reviewing own ability as a management coach or mentor**

**Submission Cover Sheet**

**This cover sheet must preface every assessment submission, both for assessments being carried out by the centre or through the ILM Assessment service.** It is a regulatory requirement that every assessment submission is authenticated as the work of the named learner. Hence any submission not carrying this cover sheet will not be verified.

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| Centre name | Personal Summits Ltd |
| Centre number | 067968 |
| Learner name |  |
| Learner registration number |  |
| Unit(s) covered in this submission | 8580-503 |
| Date submitted |  |
| **Statement of confirmation of authenticity**  **By the act of making this submission for assessment, the learner declares that this is the work of the learner named above.** The work has not, in whole or in part, been knowingly presented elsewhere for assessment, or where assessment has been built on a previous assessment, this has been identified. Where materials have been used from other sources it has been properly acknowledged. If this statement is untrue, the learner acknowledges that an assessment offence has been committed.  Attention is drawn to the plagiarism and cheating policies of both the centre and of ILM. Plagiarism can result in a learner being withdrawn from a qualification. | |
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Coaching & Mentoring Level 5

Assignment 3

**Reviewing own ability as a management coach or mentor**

**1.1** **Conduct an evidenced assessment analysis of your own ability as a coach and/or mentor relating to knowledge, skills and behaviours *(16 marks)***

**1.2 Using this analysis critically review your strengths and weaknesses in relation to your skills, behaviours and knowledge as a coach or mentor *(16 marks)***

**2.1 Critically review the coaching activity undertaken looking at the process, patterns and outcomes (*12 marks)***

**2.2 Critically evaluate your own skills as a coach or mentor focussing particularly on your self-awareness, approach, communication skills, and relationship management (*12 marks)***

**2.3 Discuss how you ensure your coaching or mentoring is ethical and non-judgemental (*8 marks)***

**2.4 Provide evidence of reflecting on actual coaching or mentoring activity by using examples and evidence (*12 marks)***

**3.1 Explain and reflect on the effectiveness of tutorial supervision (*8 marks)***

**3.2 Provide evidence of how you have recorded and logged your own progress and development as a coach or mentor (*8 marks)***

**3.3 Provide a linked and relevant plan for your future development for a minimum of the next twelve months (*8 marks)***